

# Recommended exercises by impairment level

Mild - Moderate - Severe

## Exercises for mild impairment

### AUDITORY MEMORY

Constant Therapy exercise	Levels
Repeat Number Sequences	3-5
Auditory Word Ordering	3-5
Spoken Word N-Back Memory	2-3
Spoken Short Story	4
Spoken Word Matching	5
Environmental Sound Matching	5
Auditory Commands	5-10
Inference Voicemail	1

### ATTENTION

Constant Therapy exercise	Levels
Symbol Matching	10
Alternating Symbol Matching	5-8
Alternating Word Ordering	3-5
Repeat Number Sequences	3-5
Picture N-Back Memory	2-3
Spoken Word N-Back Memory	2-3
Written Word N-Back Memory	2-3
Playing Card Slapjack	3

### SPEECH INTELLIGIBILITY

Constant Therapy exercise	Levels
Form Passive Sentences Aloud	3
Repeat Passive Sentences	3
Repeat Number Sequences	3
Read Passive Sentences Aloud	3

### VISUAL MEMORY

Constant Therapy exercise	Levels
Picture N-Back Memory	2-3
Written Word N-Back Memory	2-3
Pattern Recreation	5-12
Playing Card Slapjack	3
Written Word Matching	5
Face Matching	5
Picture Matching	5

### AUDITORY COMPREHENSION

Constant Therapy exercise	Levels
Auditory Commands	5-10
Inference Voicemail	1
Spoken Short Story	4

### READING COMPREHENSION

Constant Therapy exercise	Levels
Long Reading Comprehension	2-3
Inference Reading	1-3

### PROBLEM SOLVING

Constant Therapy exercise	Levels
Functional Math	3
Alternating Word Ordering	3-5
Picture Ordering	5
Number Pattern	5
Word Problem	5
Clock Math	3

### VISUOSPATIAL PROCESSING

Constant Therapy exercise	Levels
Symbol Matching	10
Map Reading	3
Mental Rotation	6-8
Clock Math	3
Pattern Recreation	5-12
Alternating Symbol Matching	5-8
Alternating Word Ordering	3-5

## Exercises for moderate impairment

### AUDITORY MEMORY

Constant Therapy exercise	Levels
Spoken Word N-Back Memory	1
Spoken Short Story	3
Spoken Word Matching	3
Environmental Sound Matching	3
Auditory Commands	2-4
Voicemail	1

### ATTENTION

Constant Therapy exercise	Levels
Symbol Matching	6-9
Alternating Symbol Matching	1-4
Alternating Word Ordering	1-2
Playing Card Slapjack	2
Picture N-Back Memory	1
Spoken Word N-Back Memory	1
Written Word N-Back Memory	1

### SPEECH INTELLIGIBILITY

Constant Therapy exercise	Levels
Repeat Words	3
Read Words Aloud	4
Read Numbers Aloud	3-4
Repeat Numbers	3-4
Name Pictures	2-3
Name Verbs	1-3
Read Clocks Aloud	1-3
Speak Currency	1-4
Recite Category Lists	1-2
Read Active Sentences Aloud	1
Read Number Sequences Aloud	1-3
Imitate Active Sentences	3
Repeat Number Sequences	1-3
Form Active Sentences Aloud	2-3

### VISUAL MEMORY

Constant Therapy exercise	Levels
Picture N-Back Memory	1
Written Word N-Back Memory	1
Pattern Recreation	3-4
Playing Card Slapjack	2
Written Word Matching	3
Face Matching	3
Picture Matching	3

### READING COMPREHENSION

Constant Therapy exercise	Levels
Read Words Aloud	4
Read Active Sentences Aloud	3
Read Number Sequences Aloud	2-3
Instruction Sequencing	1
Functional Reading	1-3
Short Reading	1-3
Odd One Out- Semantic	1-4

### PROBLEM SOLVING

Constant Therapy exercise	Levels
Functional Math	2
Word Ordering	5
Picture Ordering	3-4
Number Pattern	3-4
Word Problem	3-4
Clock Math	2
Addition	3-4
Subtraction	3-4
Multiplication	3-4
Division	3-4

### WRITTEN EXPRESSION

Constant Therapy exercise	Levels
Spelling To Dictation	5-6
Picture Spelling	5-6

### AUDITORY COMPREHENSION

Constant Therapy exercise	Levels
Auditory Commands	2-4
Voicemail	1
Spoken Short Story	3

### VERBAL EXPRESSION

Constant Therapy exercise	Levels
Repeat Words	3
Read Words Aloud	4
Read Numbers Aloud	3-4
Repeat Numbers	3-4
Name Pictures	2-3
Name Verbs	1-3
Read Clocks Aloud	1-3
Speak Currency	1-4
Picture Category Identification	1
Picture Sound Identification	5-6
Recite Category Lists	1-2
Read Active Sentences Aloud	1
Read Number Sequences Aloud	1-3
Imitate Active Sentences	3
Repeat Number Sequences	1-3
Form Active Sentences Aloud	2-3

### VISUOSPATIAL PROCESSING

Constant Therapy exercise	Levels
Symbol Matching	6-9
Map Reading	1-2
Mental Rotation	3-5
Clock Reading	1-3
Read Clocks Aloud	1-3
Pattern Recreation	3-4
Alternating Symbol Matching	1-3
Alternating Word Ordering	1-2
Calendar Reading	2

## Exercises for severe impairment

### AUDITORY MEMORY

Constant Therapy exercise	Levels
Repeat Number Sequences	1
Spoken Short Story	1
Spoken Word Matching	1-2
Environmental Sound Matching	1-2
Auditory Commands	1

### AUDITORY COMPREHENSION

Constant Therapy exercise	Levels
Spoken Word Comprehension	1-3
Spoken-Written Word Matching	1-4
Spoken Short Story	1
Auditory Commands	1

### SPEECH INTELLIGIBILITY

Constant Therapy exercise	Levels
Imitate Words	1
Read Words Aloud	1
Read Numbers Aloud	1
Repeat Numbers	1
Name Pictures	1

### VISUAL MEMORY

Constant Therapy exercise	Levels
Pattern Recreation	1
Playing Card Slapjack	1
Written Word Matching	1-2
Face Matching	1-2
Picture Matching	1-2

### READING COMPREHENSION

Constant Therapy exercise	Levels
Written Lexical Decision	1
Spoken-Written Word Matching	1-4
Written Word Comprehension	1-3
Picture Category Identification	1
Written Word Category Identification	1
Picture Feature Identification	1-3
Read Words Aloud	1
Read Numbers Aloud	1-2

### PROBLEM SOLVING

Constant Therapy exercise	Levels
Written Word Ordering- Level	1
Currency	1
Speak Currency	1
Picture Ordering	1
Clock Math	1
Addition	1
Subtraction	1
Multiplication	1
Division	1

### VERBAL EXPRESSION

Constant Therapy exercise	Levels
Picture Feature Identification	1-3
Picture Syllable Identification	1-6
Picture Rhyming	1-6
Imitate Words	1-2
Read Words Aloud	1
Name Pictures	1

### WRITTEN EXPRESSION

Constant Therapy exercise	Levels
Spelling-Dictation	1
Word Copy	1
Picture Spelling	1

### ATTENTION

Constant Therapy exercise	Levels
Flanker	1
Playing Card Slapjack- Level 1	1
Symbol Matching- Levels 1-3	1-3

### PHONOLOGICAL PROCESSING

Constant Therapy exercise	Levels
Minimal Pairs- Same/Different	1-3
Sound To Letter Matching	1-4
Letter To Sound Matching	1-4
Spoken Sound Identification	1-6
Minimal Pairs- Written Cue	1-3
Minimal Pairs- Spoken Cue	1-3
Spoken Rhyming	1-6
Spoken Syllable Identification	1-3

### VISUOSPATIAL PROCESSING

Constant Therapy exercise	Levels
Symbol Matching	1-3
Mental Rotation	1-3
Clock Reading	1
Pattern Recreation	1
Calendar Reading	1