

ON-DEMAND WEBINAR

The power of practice: Using homework to support recovery

Presented by:

AMANDA EATON_Ph.D, CCC-SLP, Fontbonne University EMILY DUBAS_MS, CCC-SLP, The Learning Corp

About this course:

Home programs for people with acquired neurological disorders are often an overlooked element in the rehabilitation process. Our role as clinicians is to develop a robust home program that provides the tools for the client to work beyond the clinic.

At the center of this is building autonomy, independence, and generalization of therapy goals. In this course, we will review the research supporting home practice, plus learn 8 steps for creating a deliberate home practice program for your clients. You will leave this webinar with tools to help you educate your clients on the power of practice, and how you can implement these programs to maximize patient outcomes and facilitate independence.



The Learning Corp is approved by the Continuing Educatio Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities

area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for **0.1 ASHA CEUs** (Intermediate level, Professional area)

In this webinar you'll learn how to:

- Explain the benefits of a robust home program to maximize recovery
- State the importance of independent and regular practice to maximize recovery
- Use the 8 principles of deliberate home practice to design effective home programs for your clients

Who should attend:

- Speech-language pathologists
- Occupational therapists
- Other disciplines such as physical therapists, social workers, and case managers

Time-ordered agenda:

- 0:00-2:12: Introduction
- 2:13-14:24: Review of research around neuroplasticity, practice, and therapy outcomes
- 14:25-22:45: Practical considerations when developing a robust home practice program
- 22:46-28:17: How to develop therapy goals to support home practice
- 28:18-64:07: Application of 8 principles to develop robust home therapy programs for your clients

Presenter bios

AMANDA EATON_Ph.D, CCC-SLP, Fontbonne University

Amanda Eaton, Ph.D, CCC-SLP is an assistant professor in Communication Disorders at Fontbonne University. She received a doctorate in psychology with an emphasis in behavioral neuroscience. Her research predominantly focuses on aphasia pathophysiology and recovery, electrophysiology and right hemisphere language processes, and cognitive rehabilitation. Amanda worked as a Speech-Language Pathologist in adult acute and sub-acute care and currently teaches courses in dysphagia, motor speech disorders, voice pathology, research methods, and neurogenic communication disorders. She founded the Group Rehabilitation for Aphasia Communication Effectiveness (G.R.A.C.E.) program at the Eardley Family Clinic for Speech, Language and Hearing which provides group therapy for adults with aphasia in the St. Louis region.

Disclosures

Financial: The Aphasia Boot Camp and the GRACE groups have been funded by grants from the Employee Community Fund – Boeing, the Fontbonne Community Connections, and by gifts from private donors.

Non-financial: The source of information about PWA discussed in this presentation comes from the Fontbonne University Eardley Family Speech-Language-Hearing clinic where we are employed, but we do not receive additional income for involvement in the Aphasia Boot Camp or GRACE groups.

EMILY DUBAS_MS, CCC-SLP, The Learning Corp

Emily Dubas is the Clinical Services and Education Manager at The Learning Corp and a Speech-Language Pathologist at Spaulding Rehabilitation Hospital. Her experience is in working with individuals with neurological conditions in both inpatient and outpatient rehabilitation settings. Her clinical interests are in treating cognitive disorders in the areas of attention, memory, and executive functioning skills and incorporating technology into speech, language, and cognitive therapy.

Disclosures

Financial: Emily is paid a salary by The Learning Corp, the creator of Constant Therapy.

Non-Financial: She has no relevant non-financial relationships.

