HOW-TO GUIDE: FOR CLINICIANS

You’ve downloaded Constant Therapy Clinician. Here’s how to get started.
**STEP 1**

**Add your clients**

Tap on **Create new client account**. You’ll set up a profile for each client by creating a unique username and password for them.

Helpful hint: Write down your client’s username and password to give them later. They’ll need this to do homework on their own device.

Or, does your client already have a Constant Therapy account? Connect your clinician account to theirs by tapping on **Connect to client account** and entering their username and password, which they’ll provide. Now you can manage their therapy program moving forward.

Helpful hint: Create a demo client account first to explore and experiment with Constant Therapy.

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**STEP 2**

**Personalize your client’s program with the right exercises at the right level**

Tap on the + to move exercises to your client’s homework list.

This is your client’s therapy program. When they do homework, they will also get these exercises.

Customize your client’s program here. Add or remove exercises, or change the level or number of items here. Or, if your client’s doing homework, you can let Constant Therapy automatically adjust the exercises based on your client’s performance.

This is the library of exercises for your clients. Use them in therapy and assign for homework.
STEP 3

Supplement your client’s therapy practice with Constant Therapy at home

Did you know? Your client uses a slightly different version of Constant Therapy than you, when they do homework. Here’s what your client’s app looks like:

How does your client access their version of Constant Therapy? By downloading it from their device’s app store onto their device, then signing in with the username and password you created for them in Step 1. Then, all they have to do is press Start to do the homework exercises you assigned.

Does your client’s home program automatically adjust? Yes. It will automatically adjust to their performance level - if exercises are too difficult or too easy, levels and exercises will change.

Helpful hint: Don’t want your client’s homework to automatically adjust? No problem! You can turn this feature off in your client Settings. Then you’ll be the only one who can change it.

Helpful hint: If your client created an account on their own, they’ll be sent through a brief assessment that helps Constant Therapy get them started on the right exercises. At their next visit, connect your clinician account to theirs by following the instructions in Step 1.
Monitor progress and use reports in your client documentation, with 3 report views

**SUMMARY TAB**
Get a quick snapshot of your client’s activity. The Summary is the default view. Access other views on the bar at the bottom of the screen.
- First, access **Reports** in the header.
- Tap the gray bar to view a history of your client’s completed exercises.
- Tap the purple dates to see how long your client practiced that day and how many exercises they completed.
- Tap on the exercise name to view a graph of their performance over time.

**PROGRESS NOTE**
Select a date range to view baseline and latest performance (accuracy, latency, and types of cues) for each exercise. Export, print, email, or copy and paste report into your EMR.
- Tap here to view a progress report.
- Email a report to yourself.
- Select date range here.

**DETAILED REPORT**
Select a date range to view baseline and latest performance (accuracy, latency, and screenshots) for each exercise. Export, print, email, or copy and paste report into your EMR.
- Tap here to view a detailed report.
- Switch view from average accuracy to average latency here.
- Tap on the numeric score to view performance and a screenshot of each item completed.