

Recommended exercises by impairment level

Mild - Moderate - Severe

AUDITORY + VISUAL MEMORY

| Constant Therapy exercise | Levels |
|--|--------|
| Remember and say numbers | 3-5 |
| Alphabetize words you hear | 3-5 |
| Remember spoken word order | 2-3 |
| Understand stories you hear | 4-6 |
| Match words you hear | 5 |
| Match sounds you hear | 5 |
| Follow instructions you hear | 5-10 |
| Infer from voicemail | 1 |
| Remember pictures in order (N-back) | 2-3 |
| Remember written words in order (N-back) | 2-3 |
| Repeat a pattern | 5-12 |
| Remember the right card | 3 |
| Match written words | 5 |
| Match faces | 5 |
| Match pictures | 5 |

AUDITORY COMPREHENSION

| Constant Therapy exercise | Levels |
|------------------------------|--------|
| Follow instructions you hear | 5-10 |
| Infer from voicemail | 1 |
| Understand stories you hear | 4-6 |

SPEECH INTELLIGIBILITY

| Constant Therapy exercise | Levels |
|--------------------------------|--------|
| Form and say passive sentences | 3 |
| Repeat complex sentences | 1-2 |
| Remember and say numbers | 3 |
| Read complex sentences aloud | 1-2 |

READING COMPREHENSION

| Constant Therapy exercise | Levels |
|--------------------------------|--------|
| Read multiple paragraphs | 2-3 |
| Infer from multiple paragraphs | 1-3 |

ATTENTION

| Constant Therapy exercise | Levels |
|--|--------|
| Find the same symbols | 10 |
| Find alternating symbols | 5-8 |
| Find alternating words | 3-5 |
| Remember and say numbers | 3-5 |
| Remember pictures in order (N-back) | 2-3 |
| Remember spoken words in order (N-back) | 2-3 |
| Remember written words in order (N-back) | 2-3 |
| Remember the right card | 3 |

PROBLEM SOLVING

| Constant Therapy exercise | Levels |
|---------------------------|--------|
| Do everyday math | 3 |
| Alphabetize written words | 3-5 |
| Alphabetize pictures | 5 |
| Solve number patterns | 5 |
| Solve word problems | 5 |
| Do clock math | 3 |

VISUOSPATIAL PROCESSING

| Constant Therapy exercise | Levels |
|-------------------------------|--------|
| Find the same symbols | 10 |
| Read a map | 3 |
| Decide if shapes are the same | 6-8 |
| Do clock math | 3 |
| Repeat a pattern | 5-12 |
| Find alternating symbols | 5-8 |
| Find alternating words | 3-5 |

AUDITORY + VISUAL MEMORY

| Constant Therapy exercise | Levels |
|--|---------------|
| Remember spoken words in order (N-back) | 1 |
| Understand stories you hear | 3 |
| Match words you hear | 3 |
| Match sounds | 3 |
| Follow instructions you hear | 2-4 |
| Understand voicemail | 1 |
| Remember pictures in order (N-back) | 1 |
| Remember written words in order (N-back) | 1 |
| Repeat a pattern | 3-4 |
| Remember the right card | 2 |
| Match written words | 3 |
| Match faces | 3 |
| Match pictures | 3 |

READING COMPREHENSION

| Constant Therapy exercise | Levels |
|----------------------------------|---------------|
| Read words aloud | 4 |
| Read active sentences aloud | 3 |
| Read lists of numbers aloud | 2-3 |
| Put steps in order | 1 |
| Read everyday things | 1-3 |
| Read a paragraph | 1-3 |
| Find words that do not belong | 1-4 |

ATTENTION

| Constant Therapy exercise | Levels |
|--|---------------|
| Find the same symbols | 6-9 |
| Find alternating symbols | 1-4 |
| Find alternating words | 1-2 |
| Remember the right card | 2 |
| Remember pictures in order | 1 |
| Remember spoken word order | 1 |
| Remember written words in order (N-back) | 1 |

SPEECH INTELLIGIBILITY

| Constant Therapy exercise | Levels |
|----------------------------------|---------------|
| Repeat words | 3 |
| Read words aloud | 4 |
| Read numbers aloud | 3-4 |
| Repeat numbers | 3-4 |
| Name pictures | 2-3 |
| Read verbs | 1-3 |
| Say the time | 1-3 |
| Say how much money | 1-4 |
| Say words in a category | 1-2 |
| Read active sentences aloud | 1 |
| Read lists of numbers aloud | 1-3 |
| Imitate active sentences | 3 |
| Remember and say numbers | 1-3 |
| Form and say active sentences | 2-3 |

PROBLEM SOLVING

| Constant Therapy exercise | Levels |
|----------------------------------|---------------|
| Do everyday math | 2 |
| Alphabetize written words | 5 |
| Alphabetize pictures | 3-4 |
| Solve number patterns | 3-4 |
| Solve word problems | 3-4 |
| Do clock math | 2 |
| Add | 3-4 |
| Subtract | 3-4 |
| Multiply | 3-4 |
| Divide | 3-4 |

AUDITORY COMPREHENSION

| Constant Therapy exercise | Levels |
|----------------------------------|---------------|
| Follow instructions you hear | 2-4 |
| Understand voicemail | 1 |
| Understand stories you hear | 3 |

WRITTEN EXPRESSION

| Constant Therapy exercise | Levels |
|----------------------------------|---------------|
| Spell what you hear | 5-6 |
| Spell what you see | 5-6 |

VERBAL EXPRESSION

| Constant Therapy exercise | Levels |
|----------------------------------|---------------|
| Repeat words | 3 |
| Read words aloud | 4 |
| Read numbers aloud | 3-4 |
| Repeat numbers | 3-4 |
| Name pictures | 2-3 |
| Name verbs | 1-3 |
| Say the time | 1-3 |
| Count money | 1-4 |
| Identify picture categories | 1 |
| Identify picture sounds | 5-6 |
| Say words in a category | 1-2 |
| Read active sentences aloud | 1 |
| Read lists of numbers aloud | 1-3 |
| Imitate active sentences | 3 |
| Remember and say numbers | 1-3 |
| Form and say active sentences | 2-3 |

VISUOSPATIAL PROCESSING

| Constant Therapy exercise | Levels |
|----------------------------------|---------------|
| Find the same symbols | 6-9 |
| Read a map | 1-2 |
| Decide if shapes are the same | 3-5 |
| Read a clock | 1-3 |
| Say the time | 1-3 |
| Repeat a pattern | 3-4 |
| Find alternating symbols | 1-3 |
| Find alternating words | 1-2 |
| Read a calendar | 2 |

AUDITORY + VISUAL MEMORY

| Constant Therapy exercise | Levels |
|------------------------------|--------|
| Remember and say numbers | 1 |
| Understand stories you hear | 1 |
| Match words you hear | 1-2 |
| Match sounds | 1-2 |
| Follow instructions you hear | 1 |
| Repeat a pattern | 1 |
| Remember the right card | 1 |
| Match written words | 1-2 |
| Match faces | 1-2 |
| Match pictures | 1-2 |

READING COMPREHENSION

| Constant Therapy exercise | Levels |
|---------------------------------|--------|
| Identify real words | 1 |
| Read a word you hear | 1 |
| Understand written words | 1 |
| Identify picture categories | 1 |
| Read and identify written words | 1 |
| Identify picture features | 1-3 |
| Read words aloud | 1 |
| Read numbers aloud | 1-2 |

WRITTEN EXPRESSION

| Constant Therapy exercise | Levels |
|---------------------------|--------|
| Spell what you hear | 1 |
| Copy words | 1 |
| Spell what you see | 1 |

PROBLEM SOLVING

| Constant Therapy exercise | Levels |
|---------------------------|--------|
| Alphabetize written words | 1 |
| Count money | 1 |
| Say how much money | 1 |
| Alphabetize pictures | 1 |
| Do clock math | 1 |
| Add | 1 |
| Subtract | 1 |
| Multiply | 1 |
| Divide | 1 |

PHONOLOGICAL PROCESSING

| Constant Therapy exercise | Levels |
|---------------------------------------|--------|
| Hear word differences (minimal pairs) | 1-3 |
| Pick letters to match sounds | 1-4 |
| Pick sounds to match letters | 1-4 |
| Identify sounds in words | 1-6 |
| Identify rhymes you hear | 1-6 |
| Count syllables you hear | 1-3 |

VERBAL EXPRESSION

| Constant Therapy exercise | Levels |
|---------------------------|--------|
| Identify picture features | 1-3 |
| Count picture syllables | 1-6 |
| Identify picture rhymes | 1-6 |
| Imitate words | 1-2 |
| Read words aloud | 1 |
| Name pictures | 1 |

SPEECH INTELLIGIBILITY

| Constant Therapy exercise | Levels |
|---------------------------|--------|
| Imitate words | 1 |
| Read words aloud | 1 |
| Read numbers aloud | 1 |
| Repeat numbers | 1 |
| Name pictures | 1 |

AUDITORY COMPREHENSION

| Constant Therapy exercise | Levels |
|------------------------------|--------|
| Understand words you hear | 1-3 |
| Read a word you hear | 1 |
| Understand stories you hear | 1 |
| Follow instructions you hear | 1 |

VISUOSPATIAL PROCESSING

| Constant Therapy exercise | Levels |
|-------------------------------|--------|
| Find the same symbols | 1-3 |
| Decide if shapes are the same | 1-3 |
| Read a clock | 1 |
| Repeat a pattern | 1 |
| Read a calendar | 1 |

ATTENTION

| Constant Therapy exercise | Levels |
|---------------------------|--------|
| Choose which direction | 1 |
| Remember the right card | 1 |
| Find the same symbols | 1-3 |